



What happens when you die:

At the time of death, the vital body (**desire body**) may be seen rising above the physical deceased body.

The **seed atom** in the apex of your heart is ruptured.

Ego rises and takes the **etheric matrix body** with it – often floating above the body usually no more than three and a half days.

During this time, you go through your "*Life Review*." The Soul leaves the body for this. This is a three-day period where you have your "life review" without judgement. You have so much awareness (about everything) at this point - that you are the only judge!

The **silver cord** is still attached during your life review. It stays until the life review is complete. This is why you could be clinically dead and return. There are many stories of individuals going through life review and returning to the body. Danion Brinkley has died and returned three times! His books are about his multiple near-death experiences he has had.

Your **desire body** is attached at the liver and is connected to it in many ways. This is why you will find *external* "entities with agendas" because they are carrying the ruminations of dissatisfaction and trying to replay them with different results in their hosts, (i.e. you.)

A personal record of your life exists in your DNA. When you leave the screen of life, this triggers the Akashic Records which descends and "auto corrects." (Your version of what happened vs what really happened!)

The **Desire Body** and ego form an "etheric egg" which forms into the shape of the body, yet does NOT contain the soul. It has no ability to express since the **Emotional Body** and the **Mental Body** have dissolved along with the decaying **physical body**. This "egg" can sometimes be seen floating above the body for about three days after death, while the life review goes on. Those who have had near death experiences will often report after they come back to life that they have heard or seen action (from the living) around their body during their "declared death."

Choice point: Your "family appears" Remember these are holograms... not real.

You move towards them if you want to reincarnate.

You decline the "family" invitation and go towards the light. **Be prepared for darkness to engulf you but this is temporary, and you hold on to your determination and desire to "return home to God."** The light will emerge fairly soon. Consider asking Lord Metatron to put a tractor beam on you to Source while you move through the tunnel of darkness.