


Fire	DHEA Levels, Rheumatoid Arthritis, Depression, back pain, Endocrine imbalances, Auto Immune Disorders,	Like Water it has a wrist point and a neck point on the same line. Regenerating Telomeres when combined with the Rings of Earth and Crystal. Weight loss when combined with the Ring of Air or Water	Fire is also for regulating the entire endocrine system, especially thyroid. And remember you need minimum of 1.2 mg of iodine weekly for thyroid function.	Needs Iodine for maximum benefit. (You will know you have low thyroid function and need iodine when you are consistently “lower than normal temperature.”)	I use: Atomic Iodine  Baar.com Cayce recommended 10 drops, one time, 5 days a week	Other Benefits of Iodine: Regulates Thyroid. Lack of Iodine contributes to hair loss.
Crystal	Reduces Free Radical Damage, Neurologic Complaints when used with the Rings of Fire and Earth	Regenerating Telomeres when combined with the Rings of Fire and Earth. First point (arch of each foot) is same as Water.			Our entire body is piezoelectric, similar to that quality in quartz crystal. Piezoelectric material, when physically stimulated produces and electric current. Since everything in the body is also electrically controlled, the Ring of Crystal is for overall balance of the energetic system and to assist Regeneration. I found that daily stimulation of the ROC with GHz leads to 85% reduction in free radicals within 3 to 5 days, by far the best decrease in free radicals of anything I have seen or found in the literature!	

Fun facts:

If you run out of the oils, you can always use a stylus or other rounded object, even your finger to stimulate the points. Keep stimulating the 5 Sacred Rings... even if you run out of oils because the acupuncture points will still be impacted by your stimulation.

The benefit of the oils is they significantly increase the effects of the Sacred Rings, and your “points” can be done quickly – because the oil stimulates the “area” you touch. Your efforts will pay off!

Bliss Oils	What does it do?	Partner aspects	Area of focus			
	It assists in Relieving & Improving	It assists in Relieving & Improving				
Water	Edema, Congestion, Emotional Balance, Contacting the Christological heart, Endocrine Imbalances &	Weight loss when combine with the Ring of Fire. First point (arch of each foot) is same as Crystal.	Like Fire it has a wrist point and a neck point	We are over 75% water and water energy is essential for Emotional Balance, Edema, contacting the Christological Heart, and Weight Loss (incidentally I found it had to be stimulated daily with the Ring of Fire to assist weight loss). Biochemically it normalizes aldosterone, when stimulated with GHz. That is, both high and low levels of aldosterone return to normal. This circuit is most useful clinically in treating congestive heart failure and edema.		
Air	Stress, Depression, Anxiety, autism, ADHD and.	Weight loss when combined with the Ring of Fire	Like Fire it has a wrist point and a neck point. Front of the body and wrist	Air assists with hearing, tinnitus, mental creativity (intuition), Mystical Insight, Integration and non-separatism. It is also useful for Autism and Down's syndrome, when used with the Ring of Earth.		
Earth	Calcitonin Levels, Bone strength, pain reduction,	Neurologic disorders when used with the Ring of Crystal	Back of the body, bottom of feet, and around the Adams apple, (the throat chakra)	Our body is grounded around a solid skeleton, for which calcitonin is essential. Calcitonin not only maintains the strength of the skeleton, it is also the strongest pain reliever the body produces—40 to 60 times as powerful as morphine! -creation, pain control and to control addiction.	seduction! When used with the Ring of Crystal, it can be useful for Multiple Sclerosis, ALS, and Parkinsonism. Stimulation of Earth energy with GHz raises calcitonin, the thyroid produced hormone which helps maintain bone integrity.	

Ring of earth:

This is useful for magnetic contact with the earth, redesigning of the human body, overcoming phobias, and addiction, skin disorders, overcoming seduction, illusions and possession, cerebral palsy, ALS, confusion in physical pain.

Ring of Fire

DHEA decreases with aging degenerating as you AGE. It is the most prevalent hormone in the body and represents your life energy or stress reserve. All individuals gradually LOOSE significant percentage to DHEA with normal aging and every known physical or emotional disease is associated with greater loss of DHEA compared to healthy individuals. Ring of fire stimulates this.

Ring of Earth:

Our body is grounded around a solid skeleton, for which calcitonin is essential. Calcitonin not only maintains the strength of the skeleton, it is also the strongest pain reliever the body produces—40 to 60 times as powerful as morphine!-creation, pain control and to control addiction and seduction! When used with the Ring of Crystal, it can be useful for Multiple Sclerosis, ALS, and Parkinsonism. I discovered that stimulation of Earth energy with GHz raises calcitonin, the thyroid produced hormone which helps maintain bone integrity.

I have found that individuals who have a daytime temperature of less than 98.6 orally may need to take iodine and stimulate the Ring of Fire to regenerate thyroid function in order to have the ROE work. It does help reverse osteoporosis. Stimulation is also done with GHz, 3 minutes per pair of electrodes. And it is sometimes the most powerful pain reliever I have found. I have proven that a specific blend of oils, Earth BLISS, stimulates calcitonin as well as the GigaTENS. Considering the widespread prevalence of osteoporosis and of pain, this circuit has tremendous clinical potential. I have now proven that a specific blend of oils raises CALCITONIN.

Ring of Crystal:

This regulates the overall energetic system and assists in regeneration. The ring of Crystal expands consciousness all the way to the Akashic records level. This also reduces free radicals by 80% and it's probably the most valuable tool for humans. Free radicals are super damaging chemicals that will destroy the cell walls. According to Norm Shealy there is nothing else that comes close to this level of assistance.

Sacred Rings (excerpted from some of Maureen's training materials with Dr. Shealy)
Shealy oils training and understanding

Pricing: As of 11/3/2020

178.98 for a set of 5 roll on 1/3 oz bottles. (plus shipping.) Now on sale \$135.00 Shipping is about \$10.00, Total: 145.00

Refill bottles are 2 oz \$129.95 each plus shipping = \$649.75, shipping: \$18.71.

Total: \$668.46

THE FIVE SACRED RINGS (FROM HIS BOOK CONVERSATIONS WITH G)

BY NORMAN SHEALY

THE FIVE RINGS REPRESENT THE SINGLE MOST EFFECTIVE WAY TO ENSURE HEALTH AND LONGEVITY!
RESTORING YOUR DHEA, CALCITONIN AND REDUCING FREE RADICALS ARE THE MOST PROVEN WAY TO
ENHANCE REGENERATION OF TELOMERES, THE TIPS OF DNA RESPONSIBLE FOR HEALTH AND LONGEVITY!

Over a 10 year period I discovered five energetic acupuncture circuits which help balance our elemental energies. It began when I first started research on DHEA, dehydroepiandrosterone. I had an insight that natural progesterone should increase DHEA, and indeed it did, but an average of 60%. Since most people over 40 have levels below 50% of ideals (750 to 1200 ng/dl in men and 500 to 980 in women), if you start at a level of 200, even a 100% increase does not get you to the ideal! I pondered what else would raise DHEA. Since DHEA is essentially the chemical battery of Fire energy, I knew that if I stimulated the points that connect the kidneys, the gonads, the adrenals, the thyroid and the pituitary through a window of the sky point, it could enhance Fire energy. There is no pituitary point in Chinese cosmology, so I had to intuit that one also.

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All the rings help to rejuvenate telomeres. Telomeres decrease an inch per year of age starting after adulthood! From "healthline" website:

What are telomeres?

Your DNA is located within the nuclei of your cells, where it's bundled within structures called chromosomes. Each chromosome carries specific genetic information in the form of genes. As the cells in your body divide, your chromosomes need to replicate so that each cell contains a complete set of chromosomes in its nucleus.

At the ends of each of your chromosomes are stretches of DNA called telomeres. Telomeres help protect the ends of your chromosomes from damage or fusing with nearby chromosomes.

Keep reading to learn more about these tiny but important structures and why they could unlock the door to preventing disease and reducing the effects of aging.

Sacred Rings (excerpted from some of Maureen's training materials with Dr. Shealy)

Shealy oils training and understanding

Ring of air:

It raised oxytocin by releasing neurotensin

This increases simultaneous of thought. It will assist in advancing consciousness, mental creativity and Holographic thinking, it will help integration of all aspects of life. It will assist in non-separatism and mystical insight when simulated with ring of earth with the ring earth it will assist down syndrome and rage. Every known psychological, emotional disorder is associated with the disturbances oxytocin. ADHA, autism, anxiety, depression, addiction, borderline personality disorder, in adequate personality and even schizophrenia are deficient in oxytocin. Psychopaths have an excess of oxytocin as they are in love with only themselves. I even even improves agoraphobia 80% of patients.

Ring of water:

It will assist with balancing emotions, forgiveness, and contacting to your Christological heart. Also useful for edema and congestion and would help with obesity and lowering cholesterol. It brings emotional tranquility and assists rapport with other realms of life, animal, plant," mineral. It provides a spiritual homeopathic energy to balance emotions. Aldosterone can be high or low in an individual this ring seems to balance it out.